

What's the most radical thing  
you've done appearance wise?

What was the last book you read?  
Sum it up in one word.

What is your favourite way to start  
your day?

What is the number one thing  
people are always asking you for  
help with?

What song makes you dance  
uncontrollably?

What is your favourite thing to  
celebrate?

What is your idea of relaxing?

What is one thing you failed at  
many times but kept trying until  
you finally succeeded?

What fictional character do you  
relate to the most?

If you could borrow one trait from a  
friend, what would you borrow and  
from who?

If you had one extra hour in your day, how would you spend it?

If you could have named yourself, what name would you have picked?

What was your dream job growing up?

How do you take time to unplug?

What is something you love to share?

If you could automate one part of your day what would it be?

What is your favourite family tradition?

What is the most spontaneous thing you've ever done?

If you had a garden and could only grow three things, what would they be?

Do you prefer to go out alone or do you prefer having company?

What is your favourite way to end your day?

Where would you most like to live and why?

Which activities make you lose track of time?

What was the worst hairstyle you ever had?

How have you changed over the past 5 years?

What does your perfect weekend consist of?

What are three phrases or sayings you say almost everyday?

How old do you feel?

How do you treat yourself well?

If you had 10,000 hours to spend mastering a skill, what would you choose?