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| **Lesson Formula**   * Try to incorporate something to see, say, hear, touch, and do in the lesson * Times are suggested – let the learner’s needs guide how long to spend in each area |
| #1 Check-in with learner (5 minutes) |
| #2 Check on previous lesson (10 minutes)   * Review what was learned in previous lesson * Ask how the learner practiced the skills between lessons * Ask if you need to spend the time in today’s lesson reviewing or repeating the previous lesson OR looking at something new |
| #3 Access learner’s prior knowledge of new topic (5 minutes)   * How have they used the skills OR what do they already know about the topic? * What questions do they have about the skills or topic? * What has confused them in the past about this topic or skills? |
| #4 & #5 Skill development activity OR explicit teaching with practice activities  (30 minutes)  Steps to teach skill OR practice skill learned last lesson:  Practice activities (1 - 3):  Second skill building activity (if there’s time)  Steps to teach skill OR practice skill learned last lesson:  Practice activities (1 – 3): |
| # 6 Review of lesson (5 minutes) |
| # 7 Practice between lessons (5 minutes)  With the learner, come up with ways they can use these skills in their everyday lives between lessons. |