

English Express

These Teaching Notes accompany the October 2009 issue of *English Express*.

Teaching Notes



Please photocopy these notes.

October 2009

Subscriptions—contact Corinna Ruhl

E-mail: subscriptions@englishexpress.ca
Phone: Edmonton 780-440-3722
Outside Edmonton 1-877-440-3722 (free)

Mail: English Express
Box 38028 RPO Capilano
Edmonton AB T6A 3Y6

Fax: 780-468-3119

Content—contact Bev Burke

E-mail: editor@englishexpress.ca
Phone: Edmonton 780-440-9833
Outside Edmonton 1-877-440-9822 (free)

Winter weather

Emergency supplies: Go over the list of emergency supplies on **EE-2**. Students can explain how they

might use the supplies.

Weather warnings: You can find out meanings for official weather warnings at:

www.pnr-rpn.ec.gc.ca/air/severewthr/warning.en.html

Save money on food

Activity: Arrange a field trip to a grocery store.

☞ Visit the store beforehand. Make an activity sheet for the students to do at the store.

☞ Before the field trip, bring in sample foods. Discuss brands—name brands, store brands and generic brands.

2010 Olympic Torch Relay

You can find maps and other information at: www.vancouver2010.com

Resources

Curriculum Express for Parents: Alberta Education has easy-to-read curriculum guides for parents who are English language learners. Topics: Kindergarten to Grade 3. Go to:

<http://education.alberta.ca/parents/resources/express.aspx>

Answers for exercises

Olympic Torch Relay (TN-2)

- | | | | |
|------|------|-------|-------|
| 1. n | 5. m | 9. a | 13. i |
| 2. p | 6. c | 10. l | 14. g |
| 3. f | 7. h | 11. k | 15. j |
| 4. o | 8. b | 12. d | 16. e |

Emergency supplies (TN-3)

- | | |
|---------------|------------------|
| 1. cell phone | 4. matches |
| 2. clothes | 5. first aid kit |
| blankets | 6. food |
| 3. flashlight | |

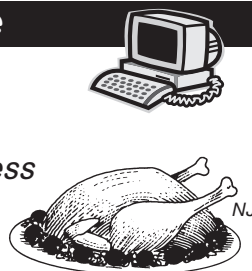
What size? (TN-4)

- 1 mL 2 g 3 kg 4 L

English Express website

Happy Thanksgiving!

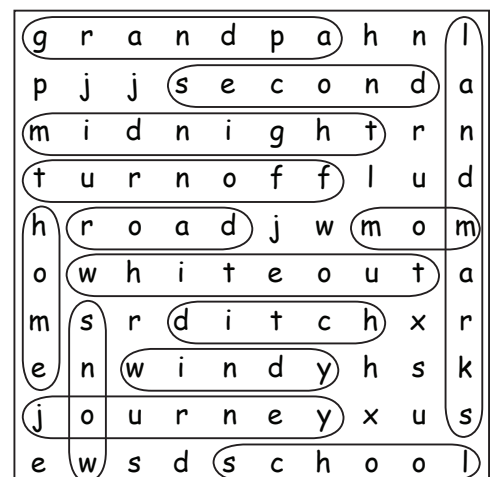
Students can find a turkey recipe on the *English Express* website. Click on "Articles." Then choose "Recipes."



www.englishexpress.ca

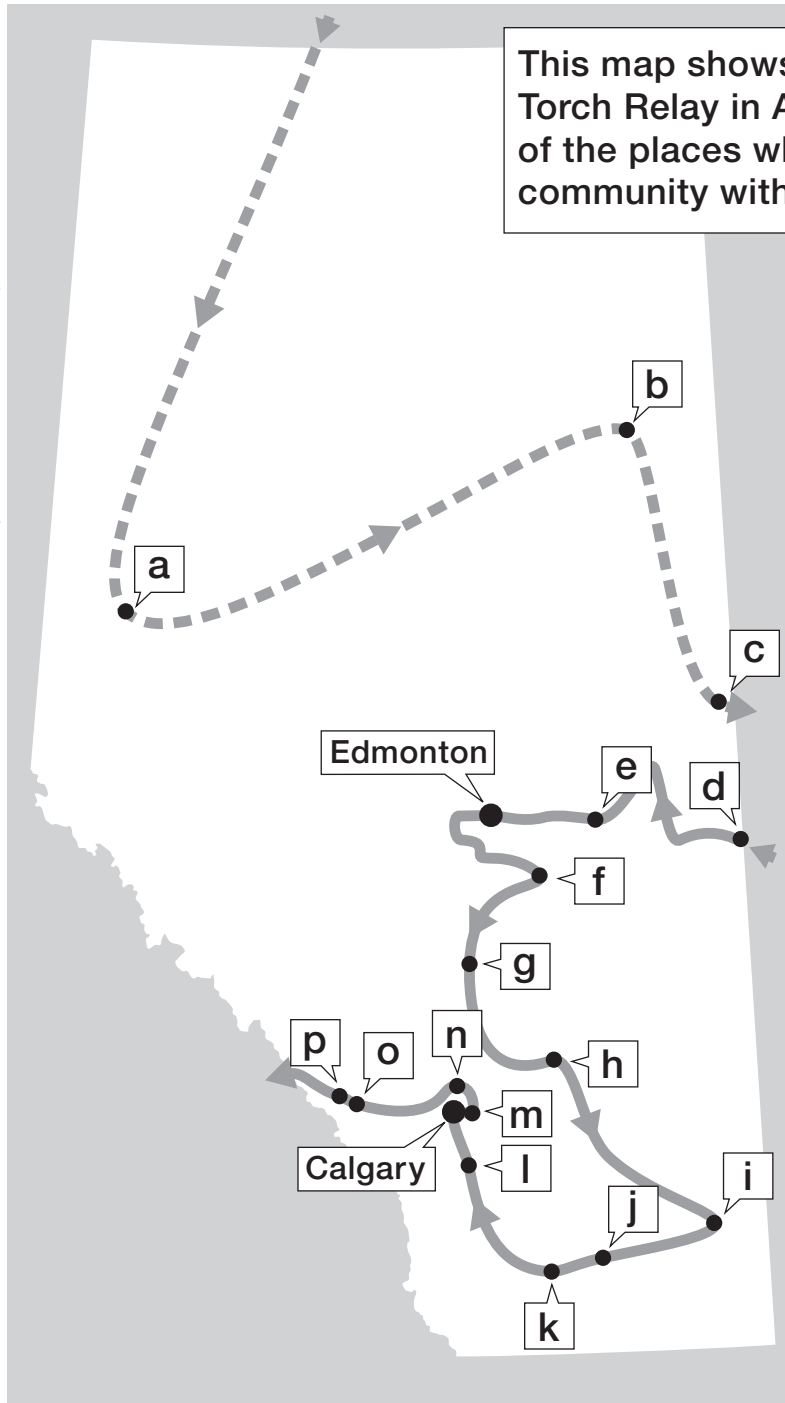
Answers—

Find the words (TN-4)



Map: Wendy Johnson. Adapted from <vancouver2010.com/torchrelay>

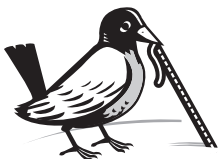
This map shows the route for the 2010 Olympic Torch Relay in Alberta. The dots (•) show some of the places where the relay will go. Match each community with the correct letter on the map.



- n 1. Airdrie
- 2. Banff
- 3. Camrose
- 4. Canmore
- 5. Chestermere
- 6. Cold Lake
- 7. Drumheller
- 8. Fort McMurray
- 9. Grande Prairie
- 10. High River
- 11. Lethbridge
- 12. Lloydminster
- 13. Medicine Hat
- 14. Red Deer
- 15. Taber
- 16. Vegreville

Tip: You can use a big Alberta road map to help you with this exercise.

Proverbs



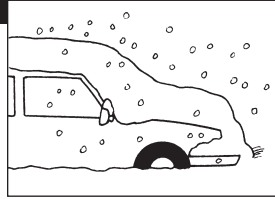
Proverbs are short sayings. They are often about how to act.

- ☞ Read the cartoon on page 1 of *English Express*. The cartoon has a proverb: “The early bird gets the worm.”
- ☞ What does this proverb mean? Do you know other proverbs?

Emergency supplies

Answers on page TN-1

Imagine that there is a winter storm. Your car goes in the ditch. It is dark outside. What will you do? Fill in the blanks with words from the box.



1. I will use a _____ to call for help.
2. I will put on extra _____ and cover up with _____ to keep warm.
3. I will use a candle and a _____ to see in the dark.
4. I will use _____ to light the candle.
5. I will use a _____ to help anyone who is hurt.
6. I will eat _____ to give me energy.

blankets



cell phone



clothes



first aid kit



flashlight



food



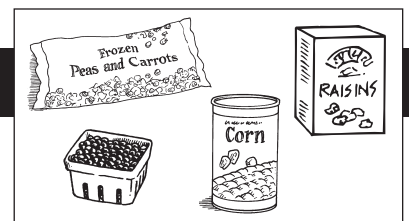
matches



Art—cell phone: ©iStockphoto/ Jason Murray; other art: Nola Johnston

My grocery list

What foods do you buy often? Write down 3 fresh foods, 3 frozen foods, 3 canned foods and 3 dried foods.



fresh			
frozen			
canned			
dried			

Using metric

What is a litre?

1 litre = 1,000 millilitres



What is a kilogram?

1 kilogram = 1,000 grams



What do these symbols mean?

g = gram mL = millilitre

kg = kilogram L = litre

What size?

Answers on page TN-1

Write the correct symbols on the lines.

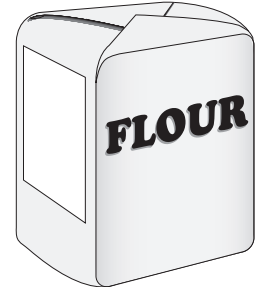
1 250 _____ milk



2 500 _____ peanut butter



3 4 _____ flour



4 1 _____ juice



Art: iStockphoto

Find the words

Answers on page TN-1

The words in this puzzle are from Valerie's story on page 3 of *English Express*.

ditch

road

grandpa

school

home

second

journey

snow

landmarks

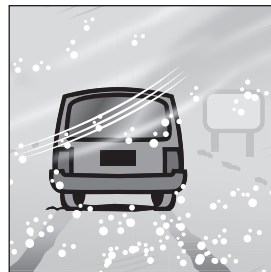
turnoff

midnight

whiteout

mom

windy



g	r	a	n	d	p	a	h	n	l
p	j	j	s	e	c	o	n	d	a
m	i	d	n	i	g	h	t	r	n
t	u	r	n	o	f	f	l	u	d
h	r	o	a	d	j	w	m	o	m
o	w	h	i	t	e	o	u	t	a
m	s	r	d	i	t	c	h	x	r
e	n	w	i	n	d	y	h	s	k
j	o	u	r	n	e	y	x	u	s
e	w	s	d	s	c	h	o	o	l