

## WHAT'S YOUR PLAYFUL - SHAPE?



*"Play is one the greatest untapped human resources everyone in the world has access to, it needs no language, it or materials, it is biologically inside each of us."*

*Brandi Heather*



Welcome to the Shape of Play exercise!

This is an exploration tool that can foster discussion, empathy, creativity and laughter when it is shared . The descriptions are general and can be seen in children and adults all through our lives. Our shapes are dynamic and change in different circumstances and playgrounds.

Remember, when we feel “in play” we can be a combination of shapes, but we often have one shape that is our greatest strength.

You don't have to schedule play, just take time to notice it in yourself and others.

Have fun with this playful conversation.

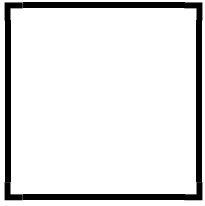
Remember you can lead, serve and shine without burning out or breaking down, if you can return to play.

*Brandi*





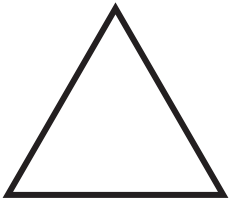
# Your PlayFull Strengths



## Square

### LOGICAL STRATEGIST

- Reliability and consistency are your play.
- You thrive with structure, order, and predictability.
- Rules and clear processes make your tasks fun.



## Triangle

### ORGANIZED DIRECTOR

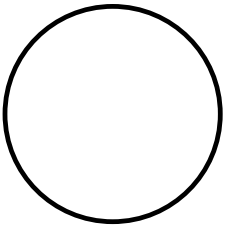
- You lead with confidence and clarity,
- You are in play when you making things happen
- You excel at quick decision-making and enjoy taking charge.



## Rectangle

### INSIGHTFUL BRIDGE-BUILDER

- You play in chaos and order
- You are in play when you are navigating the multiple different views.
- You bridge different perspectives, making sure everyone is heard.



## Circle

### INCLUSIVE COMMUNITY MAKER

- You are in play when everyone feels valued and included.
- Your empathy and communication foster strong connections.
- Collaboration energizes you, and you play when everyone feels understood.



## Squiggle

### VISIONARY CREATIVE

- You are hugely inventive, constantly asking, "What if?"
- Innovation is your playground, and you're always ahead of the curve.
- Your boundless creativity inspires others to think outside the box.